



Marshall County Schools



Three Week Cycle Menu 2020-2021

Breakfast - Elementary Schools

**The following items will also
be offered daily. Students will be served
Assorted Fresh or Canned Fruits
100% Fruit Juice Variety
Varieties of Fat Free or Low Fat Milk**

**At A Minimum Each Student
Must Select:
1/2 Cup of Fruit or Fruit Juice
and
Two Other Items**

Menus subject to change

Monday	Tuesday	Wednesday	Thursday	Friday
Banana and Chocolate Chunk Bar or Oatmeal Chocolate Chip Bar	Cereal Bar - Trix, Cinnamon Toast Crunch or Cocoa Puffs	Muffin - Chocolate Chip, Apple, or Banana	Team Cheerios Cereal Bar - Strawberry or Apple Cinnamon	Smores Granola Bites 
Breakfast Week One				
Whole Grain Pastry - Frosted Fudge or Strawberry	Cinnamon Mini Pull Apart Rolls 	Elfin Loaf Banana or Blueberry	Nutri-Grain Bar Apple or Strawberry	Breakfast Bread - Zucchini or Banana
Breakfast Week Two				
Banana and Chocolate Chuck Bar or Oatmeal Chocolate Chip Bar	Cereal Bar - Trix, Cinnamon Toast Crunch or Cocoa Puffs	Muffin - Chocolate Chip, Apple, or Banana	Team Cheerios Cereal Bar - Strawberry or Apple Cinnamon	Smores Granola Bites
Breakfast Week Three				

Visit us on the web at www.mcsbefit.com

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